

Alley Cat Blues

Choreographers: Bill and Beth Davenport, 3852 Alameda Place, San Diego, CA 92103
Email: bdavnpt2005@gmail.com, Phone: 619-269-9724

Music: "Alley Cat Blues (Slowfox 27)" by Diana Frangi
<https://casa-musica.com/en/single-tracks/35107-alley-cat-blues-slowfox-27.html>

Rhythm & Phase: Foxtrot, Phase IVb **Original Time:** 3:24 at 27 MPM

Footwork: Opposite (*except where noted*) **Suggested Tempo:** 45 RPM

Sequence: Intro, A, B, Bridge, A, B, Bridge, A, B, Ending

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Intro (4 measures)

1 – 4 Wait ; ; Roll 3, Semi ; Chair & Slip ;

-- 1 – 2 {Wait} Wait in OP facing Wall with trail hands joined, ld feet free ; ;

SQQ 3 {Roll 3 Semi} Start solo LF roll fwd L, -, fwd & sd R cont LF roll, fwd & sd L (*Start solo RF roll fwd R, -, fwd & sd L cont RF roll, fwd & sd R*) to SCP fcg LOD ;

SQQ 4 {Chair & Slip} Thru R chkng with flexed knees, -, rcvr L, bk R w/slight rise & LF upper body turn (*W thru L chkng, -, rcvr R, swivel LF on R foot & step fwd L into M*) to CP fcg DLC ;

Part A (16 measures)

1 – 4 Telemark Semi ; In & Out Runs ; ; Feather ;

SQQ 1 {Telemark Semi} Fwd L comm LF trn, -, sd R w/L sd lead cont LF trn, sd & slightly fwd L (*W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, sd & slightly fwd R*) to SCP fcg DLW ;

SQQ SQQ 2 – 3 {In & Out Runs} Thru R comm RF trn, -, sd & slightly bk L to CP RLOD, bk R (*W thru L, -, fwd R btwn M's feet trng RF, fwd L*) to BJO fcg RLOD ; Bk L comm RF trn, -, sd & fwd R btwn W's feet cont RF trn, fwd L (*fwd R comm RF trn, -, fwd & sd L cont RF trn, fwd R*) to SCP DLC ;

SQQ 4 {Feather} Fwd R, -, fwd L with left sd lead, fwd R BJO fcg DLC ;

5 – 8 Reverse Turn ; ; Whisk ; Feather ;

SQQ SQQ 5 – 6 {Reverse Turn} Fwd L comm LF trn, -, sd & bk R fc RLOD, bk L (*W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, fwd R*) in CP ; Bk R comm LF trn, -, sd & slightly fwd L, thru R BJO fcg DLW ;

SQQ 7 {Whisk} Fwd L, -, sd & slightly fwd R, xlib (*W xrib*) w/RF upper body trn to SCP DLC ;

SQQ 8 {Feather} Fwd R, -, fwd L with left sd lead, fwd R BJO fcg DLC ;

9 – 12 Reverse Turn ; ; Three Step ; Half Natural ;

SQQ SQQ 9 – 10 {Reverse Turn} Fwd L comm LF trn, -, sd & bk R fc RLOD, bk L (*W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, fwd R*) in CP ; Bk R comm LF trn, -, sd & slightly fwd L, thru R BJO fcg DLW ;

SQQ 11 {Three Step} Fwd L to CP DLW, -, fwd R w/R sd leading, fwd L ;

SQQ 12 {Half Natural} Fwd R comm RF trn, -, sd & slightly bk L to CP RLOD, bk R (*W bk L comm RF trn pull R heel to L [heel turn], -, chg wgt to R, fwd L*) in CP fcg RLOD ;

13 – 16 Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

SQQ 13 {Closed Impetus} Bk L draw R to L trng RF on L heel, -, cl R to L, bk L (*W fwd R trng RF, -, sd & fwd L, fwd R*) in CP fcg DLW ;

SQQ 14 {Feather Finish} Bk R comm LF trn, -, sd & fwd L, fwd R in BJO DLC ;

SQQ 15 {Telemark Semi} Fwd L comm LF trn, -, sd R w/L sd lead cont LF trn, sd & slightly fwd L (*W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, sd & slightly fwd R*) to SCP fcg DLW ;

SQQ 16 {Chair & Slip} Thru R chkng with flexed knees, -, rcvr L, bk R w/slight rise & LF upper body turn (*W thru L chkng, -, rcvr R, swivel LF on R foot & step fwd L into M*) to CP fcg DLW ;

Part B (16 measures)

1 – 4 Reverse Wave ; ; Back Run 4 ; Closed Impetus ;

- SQQ SQQ 1 – 2 {Reverse Wave} Fwd L comm $\frac{3}{8}$ LF trn, -, sd & slightly bk R fcg COH, bk L starting slight LF trn (*W bk R comm $\frac{3}{8}$ LF trn bring L foot to R [heel turn], -, chg wgt to L, fwd R starting slight LF trn*) ; Bk R cont slight LF trn curving to fc RLOD, -, bk L, bk R with upper body LF turn ;
- QQQQ 3 {Back Run 4} Bk L, bk R with right sd lead BJO, bk L, bk R to CP RLOD ;
- SQQ 4 {Closed Impetus} Bk L draw R to L trng RF on L heel, -, cl R to L, bk L (*W fwd R trng RF, -, sd & fwd L, fwd R*) in CP fcg DLW ;

5 – 8 Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ; Three Step ;

- SQQ 5 {Feather Finish} Bk R comm LF trn, -, sd & fwd L, fwd R in BJO DLC ;
- SQ&Q 6 {Turn L & R Chasse} Fwd L trng LF blending to CP, -, sd R/cl L, sd R trng to BJO fcg RLOD ;
- QQQQ 7 {Quick Weave Ending} XLIB, trng LF bk R to CP, trng LF sd & fwd L, fwd R BJO DLW (*W XRIF, fwd L to CP trng LF, sd & bk R, bk L BJO DLW*) ;
- SQQ 8 {Three Step} Fwd L to CP DLW, -, fwd R w/R sd leading, fwd L ;

Bridge (3 measures)

1 – 3 Open Natural ; Back Back/Lock Back ; Hesitation Change ;

- SQQ 1 {Open Natural} Fwd R comm RF trn, -, sd & slightly bk L to CP RLOD, bk R (*W bk L comm RF trn pull R heel to L [heel turn], -, chg wgt to R, fwd L*) to BJO fcg RLOD ;
- SQ&Q 2 {Back Back/Lock Back} Bk L in BJO, -, bk R/lk L in frnt of R (*W fwd L/lk R behind L*), bk R BJO fcg RLOD ;
- SS 3 {Hesitation Change} Bk L, -, trng RF sd & fwd R, draw L to R w/no wgt chg to CP fcg DLC ;

Part A (Repeat)

- 1 – 16 Telemark Semi ; In & Out Runs ; ; Feather ; Reverse Turn ; ; Whisk ; Feather ; Reverse Turn ; ; Three Step ; Half Natural ; Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

Part B (Repeat)

- 1 – 8 Reverse Wave ; ; Back Run 4 ; Closed Impetus ; Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ; Three Step ;

Bridge (Repeat)

- 1 – 3 Open Natural ; Back Back/Lock Back ; Hesitation Change ;

Part A (Repeat)

- 1 – 16 Telemark Semi ; In & Out Runs ; ; Feather ; Reverse Turn ; ; Whisk ; Feather ; Reverse Turn ; ; Three Step ; Half Natural ; Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

Part B (Repeat)

- 1 – 8 Reverse Wave ; ; Back Run 4 ; Closed Impetus ; Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ; Three Step ;

Ending (6 measures)

1 – 4	Open Natural ; Back Back/Lock Back ; Hesitation Change ; Reverse Turn ½ ;
SQQ	1 {Open Natural} Fwd R comm RF trn, -, sd & slightly bk L to CP RLOD, bk R (<i>W bk L comm RF trn pull R heel to L [heel turn], -, chg wgt to R, fwd L</i>) to BJO fcg RLOD ;
SQ&Q	2 {Back Back/Lock Back} Bk L in BJO, -, bk R/lk L in frnt of R (<i>W fwd L/lk R behind L</i>), bk R BJO fcg RLOD ;
SS	3 {Hesitation Change} Bk L, -, trng RF sd & fwd R, draw L to R w/no wgt chg to CP fcg DLC ;
SQQ	4 {Reverse Turn ½} Fwd L comm LF trn, -, sd & bk R fc RLOD, bk L (<i>W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, fwd R</i>) in CP fcg RLOD ;
5 – 8	Back Side Close ; Side Corte & Hold ;
SQQ	5 {Back Side Close} Bk R comm LF trn, -, sd & slightly fwd L, cl R to L in CP fcg Wall;
S	6 {Side Corte} Sd L w/flexed knee turning to reverse SCP w/R foot pointed side, -, -, - ;

Head Cues

Intro

1 – 4 Wait ; ; Roll 3, Semi ; Chair & Slip ;

Part A

1 – 16 Telemark Semi ; In & Out Runs ; ; Feather ; Reverse Turn ; ; Whisk ; Feather ; Reverse Turn ; ; Three Step ; Half Natural ; Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

Part B

1 – 8 Reverse Wave ; ; Back Run 4 ; Closed Impetus ; Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ; Three Step ;

Bridge

1 – 3 Open Natural ; Back Back/Lock Back ; Hesitation Change ;

Part A

1 – 16 Telemark Semi ; In & Out Runs ; ; Feather ; Reverse Turn ; ; Whisk ; Feather ; Reverse Turn ; ; Three Step ; Half Natural ; Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

Part B

1 – 8 Reverse Wave ; ; Back Run 4 ; Closed Impetus ; Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ; Three Step ;

Bridge

1 – 3 Open Natural ; Back Back/Lock Back ; Hesitation Change ;

Part A

1 – 16 Telemark Semi ; In & Out Runs ; ; Feather ; Reverse Turn ; ; Whisk ; Feather ; Reverse Turn ; ; Three Step ; Half Natural ; Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

Part B

1 – 8 Reverse Wave ; ; Back Run 4 ; Closed Impetus ; Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ; Three Step ;

Ending

1 – 6 Open Natural ; Back Back/Lock Back ; Hesitation Change ; Reverse Turn ½ ; Back Side Close ; Side Corte & Hold ;